

Developing Self-Awareness with...

Our Ladder of Reflection

5

I pinpoint the skills and strategies that help me learn.

I think about my work and decide if I need help.

I sense and think about other people's feelings, questions and opinions.

3

I talk to others about my work and ask for help when I need it.

I say what I have done and pick out what's gone well.

I ask questions about the way I and others learn best.

1

I talk to my teacher about things I enjoy.

I choose activities that are fun and challenge me.

I buddy up with a friend to think.

6

I talk about the options I have for moving on.

I decide what I will do and think about my the timescale.

I see the positive in others, give advice and share time for thinking.

4

I decide my goals for learning.

I describe the types of skills that help me learn.

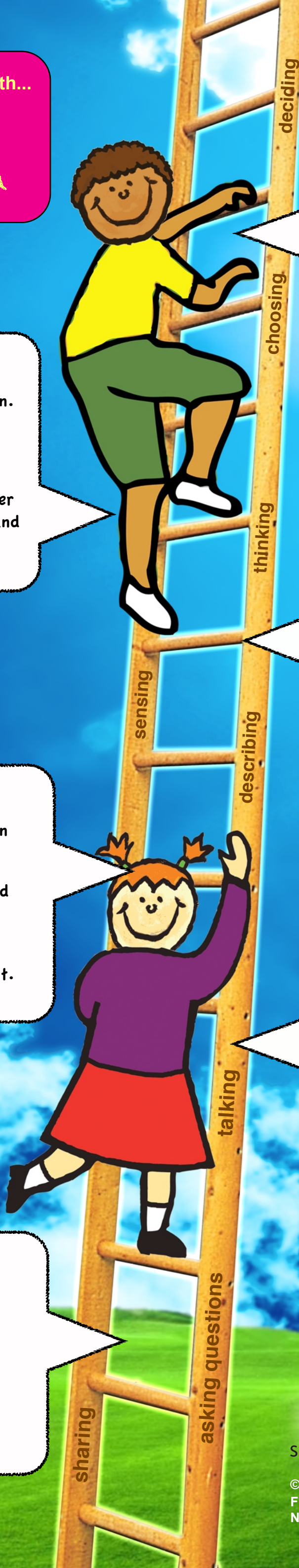
I use open and closed questions to help others reflect on their learning.

2

I describe what I have learnt to my friends, parents and others adults.

I use my body, face and words to express myself.

I decide when to work with other people and when to do things on my own.



Smart Kids Reflection Posters

How to use these posters

All good resources should be used with flexibility and creativity - so in as much as we provide a few suggestions below, you should feel free to use the posters as you wish.

For pupils:

- use as a table mat to remind children of their reflective skills and as a support for self and peer review
- use in discussions, highlighting the Green (things I do well), Amber (things I'm working on), Red (things I would like help with)
- with parents - ask children to take these home and talk with parents/carers about when they've used these skills.
- to inform others, create posters, leaflets, podcasts, video clips, images, signs, photos, stickers to identify and reward the use of these skills.
- as a poster in the classroom, move stars, group names or children's pictures up the ladder as they demonstrate the skills of reflection.
- use as a checklist of skills when reading stories etc. Consider how different characters used these skills and to what end.

For teachers:

- plan activities that actively incorporate reflection skills
- pick an objective from the poster to make explicit with your lesson objectives
- use as a reflection tool for yourself, 'Do I provide enough opportunity for the children to use these skills?'
- use the ladder to consider progression in reflection skills
- identify generic activities, games and stories that make clear the meaning behind the skills
- provide key opportunities for children to reflect on their skills as part of a topic or themed piece of work, using big books or computers to collate class, group and individual reflective thoughts, messages and even blogs.

Smart Kids was a curriculum development project exploring how the skills of reflection and pupil coaching could be enhanced in the primary classroom. It was part of the Personal Capabilities Programme of activity, which also includes Smart Science.

See www.smart-science.co.uk for information

Funded by AZSTT and produced by the Centre for Science Education of Sheffield Hallam University, working with the Yewlands Family of Schools in North Sheffield.

