

Learner Autonomy In Health & Wellbeing

(Faculty of Health & Wellbeing)



Who are we?

A project team from across the Faculty of Health and Wellbeing representing: sport, bioscience, health and social care. The project leaders are Claire Craig and Karen Booth. Other members are Robert Wilson, David Crowther and John Cleak.



What do we aim to do?

The overall aim of this project is to develop a 'toolkit' for staff which will support teaching and learning strategies for promoting learner autonomy.

Why this approach?

We are aware that a great deal of work around learner autonomy is already occurring in the Faculty. However this work often occurs in 'pockets' and isn't widely celebrated. The toolkit will capture and share existing good practice that is occurring throughout the Faculty. The toolkit will be a way that staff can learn about best practice and build on this within their own subject area. It will be particularly valuable to new staff working at the University.

Achievements to date:

We have successfully undertaken a literature review to untangle the phrase learner autonomy and to identify the skills and attributes of autonomous learners

Administered and analysed questionnaires examining motivation and preparation for learning

Interviewed students from across biosciences, operating department practice, occupational therapy and sport and exercise science to look at factors that helped and hindered learning

Analysis of these interviews has highlighted a number of themes including:

The importance of induction in helping students to manage this first transition period into higher education

The role of the wider learning environment in supporting students

The need to include a range of learning activities which reflect the varied learning styles of students

The inter-relationship between the social, academic and professional dimensions and how these impact on learning and on the student experience

If you would like to find out more about this work do not hesitate to contact....



c.craig@shu.ac.uk

k.booth@shu.ac.uk



**Sheffield
Hallam University**

SHARPENS YOUR THINKING

Centre For Excellence in Teaching and Learning
Centre For Promoting Learner Autonomy
www.shu.ac.uk/cetl