

Centre For Promoting Learner Autonomy

The key characteristics of an autonomous learner at
Sheffield Hallam in 2010

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The autonomous learner

- What is an autonomous learner?
- What will they look like at Sheffield Hallam?
- What are the implications (by 2010)?

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What is an autonomous learner?

- **Autonomous:**
Autonomous means self-governing; acting **independently** or having the freedom to do so.

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What is an autonomous learner?

- **Autonomous Learner**
Someone who **controls** his or her learning
- We **become more autonomous** learners as we make more of our own **choices** about what we learn and how we learn it.
- the learner has much of the **responsibility** for planning and organising their learning, for doing it, for assessing its value to him or herself and even for suggesting the mark that the work produced should get.

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What is an autonomous learner?

the ability to take charge of one's learning

- for situations in which learners study entirely on their own;
 - for a set of skills which can be learned and applied in self-directed learning;
 - for an inborn capacity which is suppressed by institutional education;
 - for the exercise of learners' responsibility for their own learning;
 - for the right of learners to determine the direction of their own learning.
- Benson & Voller, 1997

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What is an autonomous learner?

- Someone qualifies as an autonomous learner when (s)he independently chooses aims and purposes and sets **goals**; chooses **materials**, methods and tasks; exercises choice and purpose in **organising** and carrying out the chosen tasks; and chooses criteria for **evaluation**.
- Holec 1982

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What is a 'good' autonomous learner?

- Appropriate goals
- Effective materials, methods and tasks
- Good organisation
- Relevant evaluation

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My definition

- **An autonomous learner takes responsibility for his/her own learning.**
- **They can identify:**
 - **their learning goals (what they need to learn)**
 - **their learning processes (how they will learn it)**
 - **how they will evaluate and use their learning**

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Characteristics of an 'effective' autonomous learner

- they have well-founded conceptions of learning
- they have a range of learning approaches and skills
- they can organize their learning
- they have good information processing skills
- they are well motivated to learn

STANCE TOWARDS LEARNING

Orientation to learning
Appropriate conceptions of learning
Deep approach to learning
A range of appropriate learning styles

INFORMATION

Information handling
Access to resources:
On line and Paper-based
Role models (people, exemplars, designs)
Equipment
Other learners
Contexts

WILLINGNESS TO LEARN

Balance of vocational, academic, personal and social motivations to learn
Intrinsic motivation
Extrinsic motivation
Goals
Short - Medium - Long
Confidence

MANAGEMENT

Study Skills
Planning and problem solving
Overview & co-ordination
Evaluation & Metacognition
Self-assessment
Focus & 'stickability'
Time and project management
Balancing social, work and learning needs
Assessment

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At Sheffield Hallam?

- Is it an oxymoron?
- Is it an aspiration?
- Is it a graduate outcome?
- What is it?

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It is a journey

- We become more autonomous learners as we make more of our own choices about what we learn and how we learn it.

dependence



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It is a journey

- We become more autonomous learners as we make more of our own choices about what we learn and how we learn it.

dependence

interdependence

Independence
or autonomy

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An Oxymoron?

- Assessment
 - Aligned with learning outcomes and activities
 - Motivates and engages students
 - Formative
 - Flexible
 - Choice
 - Self and peer assessment

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Access at Sheffield Hallam

- Relevant learning environment
 - Skills in context of subject
 - Student-centred
 - Choice
- Wide ranging resources
 - Information, ICT, internet, staff, student support
 - Fellow students

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What else?

- High quality, cutting edge, responsive,
- Employability
- Support
- Forward looking

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Autonomy +

Professional skills

Teamwork and leadership

Communication skills

Presentation

Negotiation

Questioning

Responding

Building

Progressive

Building on experience and skills

Cutting edge learning environments

Partnerships

With students

Design

Evaluation

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Implications (by 2010?)

• For students

- To accept responsibility
- To understand the nature of Higher Education
- To understand the learning environment
- To work together
- To reflect on their own learning
- To develop learning and information skills
- To share their learning
- To apply it

• For staff

- To understand what it means in the context of their own discipline
- To accept a change in their role
- To provide support and direction
- To give feedback
- To balance reactive and proactive approaches
- To develop their own skills as facilitators of learning

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Implications (by 2010)

- For staff
 - To understand the students
 - To work WITH students in a partnership
 - To involve them in setting goals (short, medium long)
 - To involve them in evaluating their experience
 - To listen to them
 - To take risks
 - To encourage the student to take risks

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Finally

- Developing learner autonomy is difficult
- Developing environments in which learners can become more autonomous is difficult
- Supporting students in becoming more autonomous is difficult
- But it is what higher education is about
- And it is what lifelong learning is about
- And it is a journey

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Thank you