

# The CPLA PLAN - A balanced development

## Conceptual Stance Towards Higher Learning

Student expectations of HE  
Orientations and deep approaches to learning  
Early engagement with reflection on own learning

## Motivation and Engagement

Balancing vocational, academic, personal and social motivations  
Intrinsic and extrinsic motivations  
Socialising learning  
Short, medium and long-term goals  
Building confidence

## Developing Information Skills

Knowledge creation  
Identifying information gaps  
Constructing strategies for locating, evaluating and comparing information sources  
Applying and communicating information

## Managing Learning

Notions of personal effectiveness, autonomy and informed agency  
Self-efficacy  
Balancing social, work and learning needs  
Focus and stickability  
Developing effective study, planning, problem-solving, and time and project management skills

## Enquiry Based Learning

A natural form of learning, in which students construct their own knowledge and understanding by engaging in supported forms of enquiry.

## Student Partnerships

Students working with other students and with staff in a collaborative learning environment

# Scholarship Team for Autonomy Research (STARs)

This scholarship team is helping the University to develop a fuller understanding of Learner Autonomy by undertaking a two-year scholarship programme. Outcomes will include guidelines on practice, recommendations to the University and external publications.



**Sheffield  
Hallam University**

SHARPENS YOUR THINKING

Centre For Excellence in Teaching and Learning  
Centre For Promoting Learner Autonomy  
[www.shu.ac.uk/cetl](http://www.shu.ac.uk/cetl)