

Phase 2 Careers Offer

Higher Education Progression Adviser Team

The Higher Education Progression Adviser (HEPA) team's offer from September 2019 is aligned to the HeppSY progression framework. Our 20 tailored sessions below have been created based on our experience in phase 1, and will help young people move through the three stages of an introduction to careers knowledge, exploring their options and engaging with their future pathways. All sessions are mapped to the Gatsby benchmarks to allow schools and colleges to clearly see how booking these activities help meet the benchmarks.



Our HE Progression Adviser sessions help young people develop the skills needed to navigate their future career and higher education pathways, including self-awareness, thorough research, personal resilience and effective decision making. It also includes one to one careers interviews for students who have received the information they need in the introducing stage, and need guidance to fully understand that information as they move through the stages of the progression framework.

Our support should complement your existing provision, providing additional support to help HeppSY targeted learners with their future career pathways and individual progression routes to Higher Education. We also offer staff CPD and can signpost to other services and organisations who can help you meet the Gatsby benchmarks. We welcome work with parents of HeppSY learners – if this is of interest please get in touch.

Why book a HE Progression adviser session for your institution?






95% of students felt clearer about their career and education options

79% were more likely to apply to Higher Education in the future




(Based on 153 students surveyed following a group session)



The Phase 2 Offer

Phase	Strand	Outcome	Year group	Gatsby benchmark	Session content	Suggested group size
Introducing	Careers knowledge	Research the qualifications needed and understand how lifelong learning can enhance your future career	Y9, 10, 11	2	 Introducing the world of careers An opportunity to explore the range of careers available locally and nationally. Includes a research activity to enable students to discover the qualifications and experience needed for different careers.	Class size
Introducing	Careers knowledge	Find roles or careers that inspire curiosity and offer scope for the future	Y9, 10, 11	2	 How to find your perfect career – Part 1 Activities to help identify the skills, motivations and likes students have, and how they can be used in future careers.	5 – 20
			Y9, 10	2, 7, 8	 Decisions, decisions Introduction to the importance of good decision making and how it can impact future career and education choices, including post-16 options and routes in to Higher Education.	10 – class size
			Y9, 10	2, 3	 Questioning career stereotypes Examining and challenging job stereotypes, including gender and family background, and their impact on career paths. Encouraging aspirational thinking in students.	10 – class size
			Y9, 10	2, 3, 7	 Careers in... football, fashion, computer games or film Interactive activity using student interests to open up inspirational career possibilities and show the relevance of Higher Education study to a wide range of careers. Choose from football, fashion, computer games or film.	10 – class size
Exploring	Careers knowledge	Analyse careers being created in the region and national employers investing in skills for the future	Y10, 11, 12, 13	2, 3, 8	Career guidance interview Personal guidance to help students identify skills, explore possible career areas and make decisions about the future.	Individual
			Y9, 10, 11, 12, 13	2, 4, 7	Careers in the curriculum Session to explore careers and skills developed through curriculum subjects, for example Maths, History, Languages, Engineering and Health & Social Care. Usually delivered in curriculum lessons. Access to a computer room is an advantage for this session.	10 – class size
			Y9, 10, 11, 12, 13	2, 8	Careers of the future Session explores how careers could change in the future and includes a team challenge focusing on future labour market needs in South Yorkshire.	10 – class size

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Exploring	Careers knowledge	Analyse careers being created in the region and national employers investing in skills for the future	Y9, 10, 11, 12, 13	2, 8	 Shape your future Session to explore the usefulness of local and national labour market information in career planning, utilising the 'Shape Your Future' resource.	10 – class size
Exploring	Careers knowledge	Explore the career opportunities open to you and create an achievable personal plan	Y10, 11, 12, 13	2, 3, 7	 How to find your perfect career – Part 2 Session to help students identify Higher Education and career routes, and put together a personal action plan.	5 – 10
			Y10, 11	2, 3, 7	 What next after school? Making effective decisions about post-16 progression that support varied careers and Higher Education opportunities, and that do not limit future options. Including a research task tailored to local opportunities and providers.	10 – class size
Engaging	Careers knowledge	Increase your contact with professional sources of careers advice and guidance to determine your next steps	Y11, 12, 13	2, 3, 8	Career guidance interview Personal guidance to help students identify skills, discuss possible career areas and make decisions about the future.	Individual
Engaging	Careers knowledge	Be fully prepared to initiate contact with higher education institutions or employers and make a meaningful impression	Y10, 11, 12, 13	2, 3, 7	 “Great to meet you” Practical sessions developing confidence and networking skills to enable successful communication with employers and Higher Education providers.	10 – class size
			Y10, 11	7, 8	 “Why me?” Activities and techniques equipping students to succeed in applications and interviews for Further Education, Higher Education and future work.	10 – class size
			Y12, 13	3, 7	 Making the most of open days Preparing students to question confidently and gain the information needed to make decisions about Higher Education.	Class size – year group
Engaging	HE knowledge	Appreciate the implications and advantages of selecting the higher education institutes you would like to study at	Y12, 13	3, 7	Choosing a course and Higher Education Institution Helping students to further develop effective career decision making skills and select the best Higher Education options for them. Access to a computer room is an advantage for this session.	Class size – year group

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Engaging	HE knowledge	Clarify the form and purpose of a successful higher education application.	Y10, 11	2, 8	 Maximising your experience and skills Recognising skills already gained from extra-curricular activities and work experience plus considering their benefits for future applications.	10 – class size
			Y12	7	Maximising your chances of securing a Higher Education offer A session looking at how to use your time well for successful Higher Education applications, from getting work experience to applying for a summer school.	5 – class size
		Y12, 13	3, 8	UCAS application support An overview of the application process and top tips for writing an effective personal statement. Individual or small group assistance with UCAS applications, including personal statements, for HeppSY students who would benefit from additional help.	Class size - year group 1 – 5	
		Y12, 13	3, 7	 Securing a Higher and Degree apprenticeship An in-depth look at how to secure higher and degree apprenticeships, including when and where to look for them, and application advice.	10 – year group	
		Y12, 13	3, 8	 Practice interviews for Higher Education entry Prepare students for Higher Education interviews through a tailored practice interview with personalised feedback. For opportunities such as health, education or creative courses; higher and degree apprenticeships.	Individual	

If you would like to book any of the above sessions delivered by a HE Progression Adviser, please contact your relevant HEPA below:

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