## Here to Help Offer 2019/20

Resources to support students whilst studying at home

<table>
<thead>
<tr>
<th>Help with understanding higher education</th>
<th>Help with making choices about higher education</th>
<th>Help with what to do next</th>
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<tbody>
<tr>
<td><strong>Year 9</strong></td>
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<tr>
<td><strong>Degree or No Degree</strong></td>
<td><strong>Introducing the World of Careers</strong></td>
<td><strong>Meet our team and invite students to ask questions at Here to Help <a href="http://www.heppsy.org">www.heppsy.org</a></strong></td>
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<tr>
<td>Introduces higher education; the types of degrees and qualifications available to students and looks at exciting industries graduates can go onto.</td>
<td>Introduces the range of careers available locally and nationally. Includes a research activity to enable students to discover the qualifications and experience needed for different careers.</td>
<td>See and share resources for students, parents, carers and your staff at HeppHUB <a href="http://www.hepp.ac.uk">www.hepp.ac.uk</a></td>
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<tr>
<td><strong>How to Find Your Perfect Career</strong></td>
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<td>Visit DiscoverUni at discoveruni.gov.uk to see official resources from The Office for Students.</td>
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<td>Exploratory activities to help identify the skills, motivations and likes students have, and how they can be used in future careers.</td>
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| **Year 10**                              | **What's Next After School?**                 | **Meet our team and invite students to ask questions at Here to Help www.heppsy.org** |
| **Degree Pathways**                      |                                               |                          |
| Introducing the variety of career pathways that higher education can provide including great graduate case studies. | Explores options post 16 that support varied careers and higher education opportunities, and that do not limit future options. Includes a research task tailored to local opportunities and providers. | See and share resources for students, parents, carers and your staff at HeppHUB www.hepp.ac.uk |
| **Self Care, Study Care**                | **How to Find Your Perfect Career**          |                          |
| Exploring why sleep is important whilst at university, the importance of a good routine and examining the effects of lack of sleep. | Exploratory activities to help identify the skills, motivations and likes students have, and how they can be used in future careers. | Visit DiscoverUni at discoveruni.gov.uk to see official resources from The Office for Students. |

**HeppHUB**

www.hepp.ac.uk

**DiscoverUni**

discoveruni.gov.uk
### Year 11

**University Life**
Exploring what it is actually like to be a university student; finding out about accommodation, joining societies and what wider opportunities can be accessed.

**What's Next After School?**
Explores options post 16 that support varied careers and higher education opportunities, and that do not limit future options. Includes a research task tailored to local opportunities and providers.

**How to Find Your Perfect Career**
Exploratory activities to help identify the skills, motivations and likes students have, and how they can be used in future careers.

Meet our team and invite students to ask questions at Here to Help www.heppsy.org

See and share resources for students, parents, carers and your staff at HeppHUB www.hepp.ac.uk

Visit DiscoverUni at discoveruni.gov.uk to see official resources from The Office for Students.

### Year 12

**Budgeting**
Exploring what it is like to budget as a student with tips from recent graduates. Includes the chance to put skills into practice with a real world budgeting scenario.

**Self Care, Study Care**
Exploring the importance of sleep at university with details about different sleep issues and how these impact sleep cycles.

**Choosing Your Higher Education Course and Institution**
Helping students to further develop effective career decision making skills and select the best higher education options for them.

**Securing your Dream HE Offer**
How students can use their time well for successful higher education applications, from transferable skills to applying for a summer school.

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Visit DiscoverUni at discoveruni.gov.uk to see official resources from The Office for Students.

### Year 13

**University Life**
Engaging with the university experience such as freshers week, accommodation, varsity and societies. Includes what a typical week might look like depending on the degree studied.

**Signposting Service**
Current and relevant links to sites which students will find essential during transition.

Meet our team and invite students to ask questions at Here to Help www.heppsy.org

See and share resources for students, parents, carers and your staff at HeppHUB www.hepp.ac.uk

Visit DiscoverUni at discoveruni.gov.uk to see official resources from The Office for Students.
Help from our partners

Our partner organisations are also here for you and your students. Find their offers here:

**UNI4U at Home**
Sheffield Hallam University has a new online resource for future students, teachers and advisors, to help inform and support learners who are considering applying to university.


**University of Sheffield**
The University of Sheffield has created a Virtual Schools Hub designed for schools and colleges to access up to date resources, transition support, key advice and guidance.

[https://www.sheffield.ac.uk/schools/virtualhub](https://www.sheffield.ac.uk/schools/virtualhub)

**HeppHUB**
Our sister organisation Hepp has lots of useful information resources to help you make an informed choice about higher education.

[https://www.hepp.ac.uk](https://www.hepp.ac.uk)

**Discover Uni**
Discover Uni has official information to help you: decide if uni is right for you, choose what and where to study and find and compare courses.

[https://discoveruni.org.uk](https://discoveruni.org.uk)