



## Timera West

Year 13 A Level English Literature, Business Studies and Sociology at Meadowhead Sixth Form

### Before HeppSY

Before HeppSY, I knew the basics of higher education and that I wanted to go, but I wasn't clear on what my options were, and my family hadn't been. I was unsure what to expect on open days, as I'd never been on my own.

### How HeppSY has supported me

HeppSY has helped me, as I have a better understanding of what I want from higher education. I want to study English Literature and pursue a teaching career in this subject. I've applied for this course and my offer has been accepted!

Fay, our HeppSY higher education engagement assistant (HEEA), has helped me to make informed choices and supported me to feel confident. She talked me through the application process and how to write a personal statement, which I was worried about.

I've enjoyed being involved in activities led by HeppSY, such as visiting universities, having one-on-one career meetings and going on the HeppSY bus. The careers meeting helped me to decide what I wanted to study, as I discussed my passions, interests and career goals. I learnt about the costs and feel reassured that I can afford it, without worrying how I will have to pay my loans back.

HeppSY explained the open day process and advised us to ask important questions, to find out if that location was right for us. I enjoyed listening to the subject talks, as they helped me to decide which course I wanted to study. I applied to Sheffield Hallam, The University of Sheffield, York St John, Manchester Metropolitan and Leeds Trinity University. I decided to study at Sheffield Hallam University because it's close to home, so I can stay there and be close to my family. I learnt that university isn't just about studying - it's important to have a social life and be involved in extra-curricular activities. It was good to see the Student Union and be aware of the social activities on offer at the universities. I learnt that there are mental health and disability support services at the universities, which is good to know if I need advice.

HeppSY has been beneficial and I've loved having a HEEA, as I now know what options are available and I know I am making the right choice. They have pushed me into meeting new people, which has improved my confidence, as I feel like I can communicate with anyone now.

### What I've learnt from HeppSY

- To choose the option which is best for you
- To look into studying a wide range of different courses in different locations
- There's a lot of support and advice available at university

Working in partnership to increase the number of young people progressing to higher education.