

Higher Education Progression Adviser Offer 2020/21

Our HE Progression Advisers (HEPAs) are all qualified careers advisers, offering 1:1 support and career focused sessions that help young people develop the skills needed to navigate their future career and higher education pathways. This can include self-awareness, thorough research, personal resilience and effective decision making. Our support should complement your existing provision, providing additional support to help HeppSY targeted learners with their future career journey.

Our HEPA offer this year is made up of 4 distinct parts, alongside this we can also offer bespoke sessions for your institution.

1. One to one guidance

Personal guidance for Y10 – Y13 HeppSY students with a qualified careers adviser to help identify skills, discuss possible career areas and make decisions about the future. For Y13 students this can include support with a HE application and personal statements. Initially sessions will be available remotely via a video call or telephone call.

2. Group sessions

All sessions are available as:

- **Digital**, 5-minute introductory video to be shown to students at a time to suit you, or added to virtual classrooms
- **Blended**, Delivered live but remotely by a HE Progression Adviser to a group of students. They will be tailored to meet the needs of your students and include engaging activities and the opportunity to ask questions important to the students. Sessions can be delivered on whichever platform is preferable to the institution and last 30 - 60 minutes.
- **Face to face**, HeppSY will inform you when we are able to return to face to face group delivery.

See below for a full list of sessions (we are also happy to take requests for bespoke sessions, please discuss this with your HEPA).

3. Careers in the Curriculum

Subject specific content to help you embed careers within your curriculum, focusing on skills developed and careers linked to the curriculum subject. Sessions link to Gatsby benchmark 4, are suitable for years 9-13, can be delivered in curriculum lessons and last 30-60 minutes.

A series of prepared slides are available to be used by class teachers here:

www.heppsy.org.uk/careers-digital-suite/

4. Continuing Professional Development

The CPD opportunities provided by your HEPA will support your institution to strengthen careers provision for your students and work towards the Gatsby Benchmarks. These benchmarks (with the self-assessment Compass tool) are a framework to achieve a world-class career programme. A series of free online sessions are available for any staff member to book onto and we can also offer bespoke staff CPD delivered remotely. Each school or college is welcome to book as many sessions as they wish, please see <https://extra.shu.ac.uk/heppsy/assets/2020/04/200420-HeppSY-CPD-Offer-v2.pdf> for examples of topics and contact your HEPA to discuss and book.

Student Offer Menu

Session	Year group	Summary
Introduction to careers	9-11	An opportunity to explore the range of careers available locally and nationally.
Careers of the future	9-11	The session will look at how careers and job roles have been changing in recent years and how the job market is likely to change/look in the future.
How to find your perfect career	9-10	Activities to help identify the skills, motivations and interests students have, and how they can be used in future careers.
Decisions, decisions	9-10	Introduction to the importance of good decision making and how it can impact future career and education choices, including post-16 options and routes into Higher Education.
What next after Y11?	11	Examining the different options for post-16 progression that support varied careers and Higher Education opportunities, and that do not limit future options.
An introduction to action planning	11	Exploring the benefits of setting goals and action planning with students and helping them to create an achievable personal plan.
What next after college or sixth form?	12	An overview of all the options open to students at 18 including apprenticeships and different forms of Higher Education, helping students look ahead to their next steps.
Securing your dream HE offer	12-13	A session looking at how to use your time well for meeting and exceeding Higher Education entry requirements, from getting relevant work experience to attending virtual open days.
Early applications	12-13	An overview of the key information needed for students applying to courses with early closing dates including Oxbridge, medicine, dentistry and music.

Virtual HE interviews	13	Practical tips, videos and activities to help students prepare for and excel in virtual HE interviews.
Exploring university	11	Helping Year 11 students plan ahead for HE progression and understand more about the support and opportunities available.
Choosing a course & HE institution	12	Helping students to further develop effective career decision making skills and select the best Higher Education options for them.
Writing a successful UCAS application	13	An overview of the application process and top tips for writing an effective personal statement.

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